

MULTI CHOICE MENU - WEEK ONE

FILLING STATION - Children can have extra portions from this section

Main Course Options Choose One	Salad Option (Side Salad)	Vegetable Option	Veg Sticks Selection of	Starch Option (Potatoes/Pasta/ Rice/Bread)	Fruit Platter Seasonal Selection of	Sweet Options Choose One	Drink Options Choose One
Pasta Shapes with Bolognaise Sauce Cheese Whirl Jacket Potato with Tuna Chopped Ham & Pork Ploughman's	Coleslaw Salad	Mixed Vegetables Baked Beans	Celery, Cucumber, Carrots, Pepper	Pasta Shapes Creamed Potatoes Jacket Potatoes Bread Basket	Orange, Apple, Banana, Grapes, Pears, Kiwi, Sultanas	Steamed Sultana Sponge Old English Biscuit served with Custard Yoghurt	Semi-skimmed Milk Water
Keema Curry with Rice Salmon Fishcake with Parsley Sauce Mushroom Pizza Slice Ham Ploughman's	Carrot & Sultana Salad	Peas Sweetcorn	Celery, Cucumber, Carrots, Pepper	Rice Boiled Potatoes Jacket Potatoes Bread Basket	Orange, Apple, Banana, Grapes, Pears, Kiwi, Sultanas	Paris Apple Pie Raspberry Bun served with Custard Yoghurt	Semi-skimmed Milk Water
Roast Turkey with Stuffing Tuna Ploughman's	Potato Salad	Cabbage Carrots	Celery, Cucumber, Carrots, Pepper	Roast Potatoes Creamed Potatoes Jacket Potatoes Bread Basket	Orange, Apple, Banana, Grapes, Pears, Kiwi, Sultanas	Date Slice Chocolate Chip Cookie served with Custard Yoghurt	Semi-skimmed Milk Water
Chicken & Mushroom Casserole Macaroni Cheese Oven Baked Sausages Cheese Ploughman's	Mixed Diced Salad	Cauliflower & Broccoli Peas	Celery, Cucumber, Carrots, Pepper	Creamed Potatoes Boiled Potatoes Jacket Potatoes Bread Basket	Orange, Apple, Banana, Grapes, Pears, Kiwi, Sultanas	Carrot Cake Vanilla Shortcake served with Custard Yoghurt	Semi-skimmed Milk Water
Moussaka Cheese & Egg Flan Crumbed Fillet of Fish with Lemon Slice Corned Beef Ploughman's	Diced Beetroot Salad	Mixed Vegetables Marrowfat Peas	Celery, Cucumber, Carrots, Pepper	Chipped Potatoes Creamed Potatoes Jacket Potatoes Bread Basket	Orange, Apple, Banana, Grapes, Pears, Kiwi, Sultanas	Feather Iced Sponge Quick Fruit Salad served with Custard Yoghurt	Semi-skimmed Milk Water

Beef used with Governors' consent

Items in **bold** contain coconut

MULTI CHOICE MENU - WEEK TWO

FILLING STATION - Children can have extra portions from this section

Main Course Options Choose One	Salad Option (Side Salad)	Vegetable Option	Veg Sticks Selection of	Starch Option (Potatoes/Pasta/ Rice/Bread)	Fruit Platter Seasonal Selection of	Sweet Options Choose One	Drink Options Choose One
Savoury Mince with Rice Broccoli & Vegetable Mornay Tuna & Cucumber Bap Ham Ploughman's	Mixed Diced Salad	Carrots & Swede Peas	Celery, Cucumber, Carrots, Pepper	Rice Boiled Potatoes Jacket Potatoes Bread Basket	Orange, Apple, Banana, Grapes, Pears, Kiwi, Sultanas	Oaty Plum Crumble Vanilla Cracknell served with Custard Yoghurt	Semi- skimmed Milk Water
Chicken & Butterbean Casserole with Pasta Cheese & Mushroom Flan Fish Fingers Corned Beef Ploughman's	Coleslaw Salad	Cauliflower & Broccoli Baked Beans	Celery, Cucumber, Carrots, Pepper	Pasta Chipped Potatoes Jacket Potatoes Bread Basket	Orange, Apple, Banana, Grapes, Pears, Kiwi, Sultanas	Rice Pudding with Sultanas Chocolate Pinwheel served with Custard Yoghurt	Semi- skimmed Milk Water
Roast Pork with Stuffing Cheese Ploughman's	Curried Pasta Salad	Cabbage Mixed Vegetables	Celery, Cucumber, Carrots, Pepper	Roast Potatoes Creamed Potatoes Jacket Potatoes Bread Basket	Orange, Apple, Banana, Grapes, Pears, Kiwi, Sultanas	Dutch Apple Cake Chocolate Crunchie Finger served with Custard Yoghurt	Semi- skimmed Milk Water
Irish Stew Pasta Milanaise Cheese & Tomato Scone Pizza Tuna Ploughman's	Potato Salad	Green Beans Peas & Sweetcorn	Celery, Cucumber, Carrots, Pepper	Pasta Boiled Potatoes Jacket Potatoes Bread Basket	Orange, Apple, Banana, Grapes, Pears, Kiwi, Sultanas	Doddie Cake Honey Oat Bar served with Custard Yoghurt	Semi- skimmed Milk Water
Digger Pie Ocean Pie Cheese Salad Tortilla Wrap Chopped Ham & Pork Ploughman's	Carrot & Sultana Salad	Cabbage Carrots	Celery, Cucumber, Carrots, Pepper	Fondant Potatoes Boiled Potatoes Jacket Potatoes Bread Basket	Orange, Apple, Banana, Grapes, Pears, Kiwi, Sultanas	Fruit in Jelly Cherry Muffin served with Custard Yoghurt	Semi- skimmed Milk Water

Beef used with Governors' consent

Items in **bold** contain coconut

MULTI CHOICE MENU - WEEK THREE

FILLING STATION - Children can have extra portions from this section

Main Course Options Choose One	Salad Option (Side Salad)	Vegetable Option	Veg Sticks Selection of	Starch Option (Potatoes/Pasta/ Rice/Bread)	Fruit Platter Seasonal Selection of	Sweet Options Choose One	Drink Options Choose One
Dubiaja Curry with Rice Boiled Egg & Cheese Hawaiian Pizza Slice Tuna Ploughman's	Coleslaw Salad	Sweetcorn Peas	Celery, Cucumber, Carrots, Pepper	Rice Creamed Potatoes Jacket Potatoes Bread Basket	Orange, Apple, Banana, Grapes, Pears, Kiwi, Sultanas	Steamed Eve's Sponge Muesli Bar served with Raspberry Sauce Yoghurt	Semi- skimmed Milk Water
Lamb Cobbler Carrot & Yoghurt Quiche Oven Baked Sausages Ham Ploughman's	Diced Beetroot Salad	Green Beans Mashed Swede	Celery, Cucumber, Carrots, Pepper	Creamed Potatoes Boiled Potatoes Jacket Potatoes Bread Basket	Orange, Apple, Banana, Grapes, Pears, Kiwi, Sultanas	Jelly with Yoghurt Topping Chocolate Oatmeal Cookie served with Custard Yoghurt	Semi- skimmed Milk Water
Lasagne Fried Fish with Lemon Slice Jacket Potato with Cheese Chopped Ham & Pork Ploughman's	Fruity Coleslaw Salad	Mixed Vegetables Baked Beans	Celery, Cucumber, Carrots, Pepper	Garlic Bread Creamed Potatoes Jacket Potatoes Bread Basket	Orange, Apple, Banana, Grapes, Pears, Kiwi, Sultanas	Crunchie Topped Sponge Fresh Fruit Salad served with Custard Yoghurt	Semi- skimmed Milk Water
Roast Chicken with Stuffing Cheese Ploughman's	Potato Salad	Cauliflower & Broccoli Carrots	Celery, Cucumber, Carrots, Pepper	Roast Potatoes Creamed Potatoes Jacket Potatoes Bread Basket	Orange, Apple, Banana, Grapes, Pears, Kiwi, Sultanas	Chocolate Flan Belgian Bun served with Custard Yoghurt	Semi- skimmed Milk Water
Cottage Pie Cheese & Bacon Risotto Crumbed Fillet of Fish with Parsley Sauce Turkey Ploughman's	Mixed Diced Salad	Cabbage Peas & Sweetcorn	Celery, Cucumber, Carrots, Pepper	Creamed Potatoes Boiled Potatoes Jacket Potatoes Bread Basket	Orange, Apple, Banana, Grapes, Pears, Kiwi, Sultanas	Banana Cake Wholemeal Shortcake served with Custard Yoghurt	Semi- skimmed Milk Water

Beef used with Governors' consent

Items in **bold** contains coconut

MULTI CHOICE MENU - WEEK FOUR

FILLING STATION - Children can have extra portions from this section

Main Course Options Choose One	Salad Option (Side Salad)	Vegetable Option	Veg Sticks Selection of	Starch Option (Potatoes/Pasta/ Rice/Bread)	Fruit Platter Seasonal Selection of	Sweet Options Choose One	Drink Options Choose One
Farmhouse Lamb with Yorkshire Pudding Cheese & Onion Hotpot Tuna Salad Tortilla Wrap Ham Ploughman's	Mixed Diced Salad	Carrots Peas	Celery, Cucumber, Carrots, Pepper	Fondant Potatoes Creamed Potatoes Jacket Potatoes Bread Basket	Orange, Apple, Banana, Grapes, Pears, Kiwi, Sultanas	Dutch Fruit Tart Chocolate Crunch served with Custard Yoghurt	Semi- skimmed Milk Water
Chicken & Vegetable Pie Pasta Quills with Carbonarra Sauce Fish Fingers Cheese Ploughman's	Carrot & Sultana Salad	Green Beans Cauliflower	Celery, Cucumber, Carrots, Pepper	Pasta Boiled Potatoes Jacket Potatoes Bread Basket	Orange, Apple, Banana, Grapes, Pears, Kiwi, Sultanas	Sunday Trifle Flapjack served with Custard Yoghurt	Semi- skimmed Milk Water
Paprika Pork with Rice Cheese & Egg Flan Bacon, Lettuce & Tomato in Batch Bread Tuna Ploughman's	Coleslaw Salad	Peas Carrots	Celery, Cucumber, Carrots, Pepper	Rice Creamed Potatoes Jacket Potatoes Bread Basket	Orange, Apple, Banana, Grapes, Pears, Kiwi, Sultanas	Lemon Feather Iced Sponge Sultana Cookie served with Custard Yoghurt	Semi- skimmed Milk Water
Roast Turkey with Stuffing Cheese Ploughman's	Rice Salad	Cabbage Carrots	Celery, Cucumber, Carrots, Pepper	Roast Potatoes Creamed Potatoes Jacket Potatoes Bread Basket	Orange, Apple, Banana, Grapes, Pears, Kiwi, Sultanas	Steamed Chocolate Sponge Apricot & Date Shortcake served with Custard Yoghurt	Semi- skimmed Milk Water
Spaghetti Bolognese Homemade Fishcakes Sweetcorn & Pepper Scone Pizza Turkey Ploughman's	Diced Beetroot Salad	Mixed Vegetables Baked Beans	Celery, Cucumber, Carrots, Pepper	Spaghetti Chipped Potatoes Jacket Potatoes Bread Basket	Orange, Apple, Banana, Grapes, Pears, Kiwi, Sultanas	Worzel Gumidge Cake Rice Pudding with Stewed served with Custard Apple Yoghurt	Semi- skimmed Milk Water

Beef used with Governors' consent

Items in **bold** contain coconut

MULTI CHOICE MENU - WEEK FIVE

FILLING STATION - Children can have extra portions from this section

Main Course Options Choose One	Salad Option (Side Salad)	Vegetable Option	Veg Sticks Selection of	Starch Option (Potatoes/Pasta/ Rice/Bread)	Fruit Platter Seasonal Selection of	Sweet Options Choose One	Drink Options Choose One
Chilli Con Carne with Rice Cheese & Vegetable Bake Jacket Potato with Tuna Turkey Ploughman's	Fruity Coleslaw Salad	Peas & Sweetcorn Baked Beans	Celery, Cucumber, Carrots, Pepper	Rice Boiled Potatoes Jacket Potatoes Bread Basket	Orange, Apple, Banana, Grapes, Pears, Kiwi, Sultanas	Almond Crunchie Tart Banana & Chocolate Chip Muffin Cake served with Custard Yoghurt	Semi- skimmed Milk Water
Pork & Vegetable Casserole Quiche Lorraine Crumbed Fillet of Fish with Parsley Sauce Corned Beef Ploughman's	Potato Salad	Carrots Mushy Peas	Celery, Cucumber, Carrots, Pepper	Boiled Potatoes Creamed Potatoes Jacket Potatoes Bread Basket	Orange, Apple, Banana, Grapes, Pears, Kiwi, Sultanas	Steamed Syrup Sponge Quick Fruit Salad served with Custard Yoghurt	Semi- skimmed Milk Water
Roast Lamb with Mint Sauce Cheese Ploughman's	Curried Pasta Salad	Cabbage Swede	Celery, Cucumber, Carrots, Pepper	Roast Potatoes Creamed Potatoes Jacket Potatoes Bread Basket	Orange, Apple, Banana, Grapes, Pears, Kiwi, Sultanas	Paris Apple Pie Lemon Iced Finger served with Custard Yoghurt	Semi- skimmed Milk Water
Lamb Boulangere Vegetable Curry with Rice Cheese & Tomato Pizza Slice Tuna Ploughman's	Mixed Diced Salad	Mixed Vegetables Peas	Celery, Cucumber, Carrots, Pepper	Rice Creamed Potatoes Jacket Potatoes Bread Basket	Orange, Apple, Banana, Grapes, Pears, Kiwi, Sultanas	Clarty Cake Coconut Crisp served with Custard Yoghurt	Semi- skimmed Milk Water
Turkey Meatballs in Tomato Sauce with Spaghetti Salmon Pie Oven Baked Sausages Ham Ploughman's	Celery, Apple & Sultana Salad	Cauliflower & Broccoli Carrots	Celery, Cucumber, Carrots, Pepper	Pasta Chipped Potatoes Jacket Potatoes Bread Basket	Orange, Apple, Banana, Grapes, Pears, Kiwi, Sultanas	Rhubarb Crumble Melting Moments served with Custard Yoghurt	Semi- skimmed Milk Water

Beef used with Governors' consent

Items in **bold** contain coconut

MULTI CHOICE MENU - WEEK SIX

FILLING STATION - Children can have extra portions from this section

Main Course Options Choose One	Salad Option (Side Salad)	Vegetable Option	Veg Sticks Selection of	Starch Option (Potatoes/Pasta/ Rice/Bread)	Fruit Platter Seasonal Selection of	Sweet Options Choose One	Drink Options Choose One
Beef Pasta Bake Cheese & Onion Flan Fish Fingers Ham Ploughman's	Mixed Diced Salad	Mixed Vegetables Marrowfat Peas	Celery, Cucumber, Carrots, Pepper	Mediterranean Bread Creamed Potatoes Jacket Potatoes Bread Basket	Orange, Apple, Banana, Grapes, Pears, Kiwi, Sultanas	Rice Pudding with Mandarin Oranges Chocolate Shortcake Fan served with Raspberry Sauce Yoghurt	Semi- skimmed Milk Water
Turkey Goulash with Rice Cheese & Potato Pie Salmon & Cucumber in Batch Bread Corned Beef Ploughman's	Coleslaw Salad	Green Beans Peas & Sweetcorn	Celery, Cucumber, Carrots, Pepper	Rice Boiled Potatoes Jacket Potatoes Bread Basket	Orange, Apple, Banana, Grapes, Pears, Kiwi, Sultanas	Bakewell Tart Orange Cookie served with Custard Yoghurt	Semi- skimmed Milk Water
Roast Chicken with Stuffing Cheese Ploughman's	Curried Pasta Salad	Sprouts Carrots	Celery, Cucumber, Carrots, Pepper	Roast Potatoes Creamed Potatoes Jacket Potatoes Bread Basket	Orange, Apple, Banana, Grapes, Pears, Kiwi, Sultanas	Baked Eve's Pudding Muesli Bar served with Custard Yoghurt	Semi- skimmed Milk Water
Lamb Country Bake Cheese & Bacon Risotto Cheese Salad Tortilla Wrap Tuna Ploughman's	Potato Salad	Mixed Vegetables Cabbage	Celery, Cucumber, Carrots, Pepper	Fondant Potatoes Boiled Potatoes Jacket Potatoes Bread Basket	Orange, Apple, Banana, Grapes, Pears, Kiwi, Sultanas	Devil's Cake Bread & Butter Pudding served with Custard Yoghurt	Semi- skimmed Milk Water
Munster Pie Fried Fish Mixed Pepper Scone Pizza Cheese Ploughman's	Fruity Coleslaw Salad	Cauliflower & Broccoli Baked Beans	Celery, Cucumber, Carrots, Pepper	Boiled Potatoes Creamed Potatoes Jacket Potatoes Bread Basket	Orange, Apple, Banana, Grapes, Pears, Kiwi, Sultanas	Fruit in Jelly Oat Crunchie Biscuit served with Custard Yoghurt	Semi- skimmed Milk Water

Beef used with Governors' consent

Items in **bold** contain coconut